BREAKFAST

Classic Breakfast pancakes, breakfast protein, egg or tofu scramble, hash browns

Breakfast Sandwich w/ Breakfast Potatoes bread, protein, egg or tofu, spinach, tomato

French Toast Breakfast French toast, protein, egg or tofu, hash browns

Continental Breakfast breakfast pastry, cereal, parfait, whole fruit, milk

LUNCH

Burger & Fries American cheeseburger or Beyond burger with toppings and French fries

Stir Fry of the Day Halal chicken or Asian-style vegetables with vegetable pot stickers

Pasta Alfredo or marinara with chicken or tofu

Half & Half Chicken tenders or portobello tenders with French fries

Chef Salad Chopped romain, meat or plant proteins, toppings, and dressing

DINNER

Classic Southern Dinner Fried chicken or match meat chicken with mashed potatoes and green beans

Fajitas in Flour Tortillas Chicken or mushroom fajitas, pinto beans, & Mexican red rice

Classic Italian Dinner Chicken Parmesan or Beyond sausage & peppers, creamy polenta, grilled zucchini

Burger & Fries American cheeseburger or Beyond burger with toppings and French Fries

Half & Half Chicken tenders or portobello tenders with fries

Chef Salad Chopped romain, meat or plant proteins, toppings, and dressing

Regular, Vegan, Vegetarian, and Halal options available for all menu items

Reach us at isolationdining@email.wustl.edu