Salads and Wraps
5.45 each
Grilled Chicken Caesar
Grilled chicken, chopped romaine, croutons, parmesan, Caesar dressing
Asian Chicken
Grilled chicken, shredded carrots, chopped romaine, julienne peppers, sesame ginger dressing
Greek Vegetable
Grilled seasonal vegetables, crisp romaine, hummus, shredded carrots, tomato, parmesan cheese, red wine oregano vinaigrette

Create-Your-Own
Salad
Choice of greens, cheese, seasonal vegetables, dressing
5.25 | 5.75 with protein
Sandwich
Choice of bread, cheese, toppings
5.25 | 5.75 with protein
Wrap
Choice of greens, cheese, seasonal vegetables, dressing
5.25 | 5.75 with protein
Protein Choices:
Grilled chicken, tuna, ham, turkey, salami, tofu

Soups & Sandwiches
Soup
cup 1.85 | bowl 2.35 | soup with bread bowl 5.95
Toast Tuna Melt
Choice of bread, tuna, cheddar cheese, Russian dressing 5.25
M + C = D Sub (meat + cheese = delicious)
Sliced ham, turkey, salami, lettuce, tomato, mayonnaise, parmesan, provolone on a Companion® hoagie roll 5.95
The Lopata Tower
Toasted triple decker Texas toast, ham, swiss, turkey, cheddar, lettuce, tomato, ranch dressing 5.95

Stanley Specials
#1 Wrap or salad, large fountain soda 6.50
#2 Bread bowl with soup, large fountain soda 6.25
#3 Bowl of soup, pretzel stick, large fountain soda 5.00
All-Beef Hot Dog 2.95
Black Bean Burger 4.50
All-Beef Chili Dog (available tuesdays & thursdays) 3.50

HOURS
Mon-Fri 9:30am-3pm